## Yakama Nation Behavioral Health

- Individual Therapy
- Domestic Violence
   Perpetrator Treatment
- Anger Management
- Medication Management
- School Based Therapy

Sophia Perez Documentation Specialist Call or Text (509)-643-7156

Ellen Teo Clinical Care Navigator Call or Text (509)831-7620



Use your smart phone to scan the QR code to refer yourself or someone else How to get connected?

Call or come into the office Monday-Friday 8:00am-5:00pm (509)-865-5121 X7636 511 S. Elm St Toppenish WA 98948

Schedule an intake appointment.
Select a date and time that
works best for you, over the
phone or in person.

Once all the steps have been completed your assigned therapist will make contact with you and schedule your sessions

## <u>Stay Connected</u>

Suicide & Crisis Lifeline: 988 Crisis Text Line: Text "HOME" 741741

LGBQT= Youth Suicicde Hotline: 1-866-488-7386 National Domestic Violence hotline:

1-800-799-7233

